



Scarf Dancing

MOVE
PLAY &
LEARN

Age 30 months and older

Materials Music and lightweight scarves

Setting Wide open space

Description Give each person a sheer, lightweight scarf. Turn on some energizing music. Dance to the music, moving the scarf as you move your body. Move it high, move it low, Move it fast, move it slow.

Learning Outcomes

Movement The toddler dances to music and songs, enjoying creative movement. Through dancing, the toddler shows increasing body control including increased balance and body coordination. He or she is developing the ability to change positions smoothly as he or she moves.

Large Motor Skills The toddler develops large motor skills and coordinates both hands to manipulate objects. He or she actively explores a safe and supportive environment both indoors and outdoors.

Music The toddler shows interest and participates in music activities through gestures, movement and dancing. He or she expresses self creatively to variations in music such as changes in rhythm, volume or tempo.

Did You Know? Young children's participation in movement experiences can be maximized by effective caregiver facilitation. The adult should individualize his or her support according to toddlers' needs and may consider including positioning children for maximum participation; motivating children by using or offering high preference or high interest objects people or activities; using verbal and visual cues; and providing physical assistance as needed.

TODDLERS